

# JOLLY ARCHERS OF HOUGHTON AND WYTON

## Safeguarding Adults

We take the wellbeing of all our members seriously and support the ArcheryGB Safeguarding policy regarding adults.

**Adult safeguarding** is protecting a person's right to live in safety, free from abuse and neglect.

**Adult at risk** is a person aged 18 or over who is in need of care and support, whether or not they are receiving them, and who, because of those needs, cannot protect themselves against abuse or neglect.

### Good practice

Everyone should:

- aim to make archery fun and enjoyable;
- promote fairness and 'playing by the rules';
- not accept the use of prohibited or illegal substances;
- treat all adults equally and with dignity. This includes giving members of the group with different levels of talent similar attention, time and respect.

Coaches and those working directly with adults at risk should do the following.

- Build relationships based on mutual trust and respect, encouraging adults at risk to take responsibility for their own progress and decision-making.
- Always be publicly open when working with adults at risk and avoid coaching sessions or meetings where a coach and an individual athlete are completely unobserved.
- Avoid unnecessary physical contact with people. Physical contact (touching) can be appropriate as long as:
  - it is neither intrusive nor disturbing;
  - the athlete has openly given their permission;
  - it is delivered in an open environment; and
  - it is needed to demonstrate something during a coaching session.

### Poor practice

We see the following as poor practice which you should avoid.

- Unnecessarily spending too much time alone with one adult.
- Taking part in rough, physical or sexually provocative games, including horseplay.
- Allowing or taking part in inappropriate touching of any form.

- Using language that might be seen as inappropriate by the adult and which may be hurtful or disrespectful.
- Making sexually suggestive comments, even if you are joking.
- Reducing an adult to tears as a form of control.
- Taking an adult at risk alone in a car, however short the journey is.
- Inviting or taking an adult at risk to your home or office where they will be alone with you.
- Doing things of a personal nature that adults at risk can do for themselves.

A full copy of the policy, including appendices, is in the Club House. It can also be seen on the following websites:

Jolly Archers ([www.jollyarchers.org.uk/Members Area/ArcheryGB icon](http://www.jollyarchers.org.uk/Members Area/ArcheryGB icon))

ArcheryGB ([www.archerygb.org / About us, Structure & safeguarding/Safeguarding/Policy and Guidance](http://www.archerygb.org / About us, Structure & safeguarding/Safeguarding/Policy and Guidance))

There is an Incident Report Form available to complete next to this notice.

**Contact numbers are on the Club Noticeboard**